

Let's Find Your Best Flu Vaccination Option:

Patient Resource

Section 1: Start Here

Let's Find Your Best Flu Vaccination Option

Answer a few questions to identify vaccination choices that may fit your health needs and preferences.

Section 2: Which Vaccine?

Do any of these apply to you?

- Immunocompromised condition
- Pregnancy
- History of severe allergic reaction to a flu vaccine
- Previous serious reaction to vaccination
- Chronic medical condition (asthma, diabetes, heart disease, etc.)
- Age under 2 years
- Age 65 years or older

YES

Talk with your healthcare professional about which influenza vaccine is recommended for you.

NO

How would you prefer to receive your flu vaccine?



Nasal Spray

"I prefer to avoid a shot if eligible."



Injection

"I am comfortable receiving a vaccine injection."

Reminder: Not everyone is eligible for every vaccine type. Your healthcare professional or pharmacist can help determine which options are appropriate.

Section 3: Where and When?

Do you expect to have a healthcare visit during September or October?

Examples:

- Annual wellness visit
- Pediatric checkup
- Specialist appointment
- Follow-up visit

YES

Ask for your flu vaccine during that visit.

NO

Consider pharmacy or community vaccination options.

Which vaccination experience is most convenient for you?



At My Doctor's Office

- ✓ During a scheduled visit



At My Pharmacy

- ✓ Evening/weekend availability
- ✓ Convenient location



Community Vaccination Site

- ✓ School
- ✓ Workplace
- ✓ Community clinic



At Home (if available locally)

- ✓ Mail-to-home or home-based services

Would scheduling an appointment make it easier for you?

YES

Schedule now with:

- ▲ Primary care office
- ▲ Pediatrician
- ▲ Pharmacy
- ▲ Community clinic

NO

Look for walk-in vaccination opportunities near you.

Your Best Vaccination Path

If You Prefer:

Receiving care during routine visits



Get vaccinated at your next healthcare appointment.

If You Need:

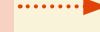
Flexible hours and convenience



Visit a participating pharmacy.

If You Prefer:

A needle-free option



Ask whether a nasal spray vaccine is appropriate for you.

If You Have:

Special health conditions



Discuss vaccine options with your healthcare professional.

Section 4: Key Reminders

Remember...

- ✓ The best flu vaccine is one you receive before influenza begins circulating in your community.
- ✓ Vaccination is recommended every year.
- ✓ Don't wait for a scheduled doctor's appointment if another convenient option is available.
- ✓ Multiple locations may offer influenza vaccination, including healthcare offices, pharmacies, schools, workplaces, and community clinics.



Ready to Protect Yourself and Your Family?

Talk with your healthcare professional or pharmacist about the influenza vaccine option that best fits your health needs, preferences, and schedule.

To learn more about influenza and available vaccines, see **Immunize.org** and the **American Academy of Pediatrics**.



Scan QR code for more information or visit:

deceraclinical.com/education/PowerUpFluVaxProgram