

Mycophenolate Pregnancy Risks

Patient Information



Important Mycophenolate Drug Information

If you take mycophenolate and can become pregnant, there are important risks you must know about.

Risks During Conception and Pregnancy

- Miscarriage
- Birth defects: cleft lip, cleft palate, deformities of the outer ear, face, and organs

Talk to your healthcare team and take these important steps to prevent pregnancy:

1. Use an acceptable birth control option:
- The ENTIRE time you are taking any mycophenolate drug
 - For at least 6 weeks **after** stopping mycophenolate

Acceptable Birth Control Options

Talk with your healthcare team and pick from the following birth control options during treatment with mycophenolate

A
Option 1: Can Use Alone
(pick one item from **A**)

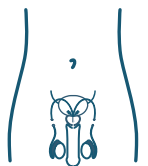
Most effective:
Less than 1 pregnancy per 100 women in 1 year



Intrauterine device (IUD)



Tubal sterilization



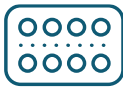
Vasectomy

B
Option 2: Use Hormone and Barrier (pick one from **B** and one from **C1** or **C2** shown below)

4-7 pregnancies per 100 women in 1 year



Progesterone only injection



Birth control pill



Birth control (progesterone) patch



Vaginal ring



Progesterone implant

IMPORTANT:

Mycophenolate drugs can reduce the effectiveness of birth control pills and hormonal contraceptives. Therefore, you **MUST ALSO** use a barrier method—such as a condom or diaphragm with a spermicide—to avoid becoming pregnant.

C
Option 3: Use 2 Barriers
(pick one from **C1** and one from **C2**)

Least effective:
13 or more pregnancies per 100 women in 1 year

1



Internal condom



External condom

2



Diaphragm with spermicide



Birth control sponge



Cervical cap with spermicide

2. Have a reliable pregnancy test done through your prescriber's office:
 - **Before** starting mycophenolate
 - Repeat the pregnancy test **8-10 days after starting** mycophenolate
 - During **routine follow-up** visits with your prescriber
3. Discuss emergency contraception options with your prescriber or healthcare team to prevent an unplanned pregnancy

If you become pregnant while taking or during the 6 weeks after stopping mycophenolate, report it to a mycophenolate pregnancy registry and your prescriber!

Mycophenolate Pregnancy Registry

OR

PS-Mycophenolate Pregnancy Registry



Online

MycophenolateREMS.com

PSMycophenolateREMS.com



By phone

1-800-617-8191

1-877-310-4015



By mail/email

Call for mailing address

support@psmycophenolaterems.com

DO NOT STOP TAKING MYCOPHENOLATE UNTIL YOU SPEAK WITH YOUR PRESCRIBER

Considering Family Planning While Taking Mycophenolate Treatment?

- Talk to your prescriber right away
- Continue to use an effective birth control option
- Ask your prescriber about other treatment options with less pregnancy risk than mycophenolate
- Request a referral to Maternal Fetal Medicine for further counseling



For more information about mycophenolate risks, visit MycophenolateREMS.com OR PSMycophenolateREMS.com

Scan here to watch a **pharmacist consultation** for mycophenolate risks.

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