

Proactive Strategies to Support PrEP Persistence From the Start

Stopping PrEP can increase a person's chances of acquiring HIV



Helping your patients know what to expect at initiation can minimize discontinuation

Counseling points to discuss with your patients at PrEP initiation to support persistence:

Setting Expectations

- ☐ Ongoing HIV testing and follow-up is required for all PrEP modalities:
 - Every 3 months for oral PrEP
 - Every 2 months for injectable PrEP
- ☐ Minor side effects, including GI side effects, may be experienced when starting PrEP but often resolve with time
- ☐ There is a possibility of weight gain when starting FTC/TAF
- ☐ Some long-term side effects are associated with each PrEP option, but they are uncommon and will be monitored with labs at each follow-up:
 - Kidney side effects and bone loss with FTC/TDF
 - Increased lipids with FTC/TAF

Choice

- ☐ There are options to help pay for PrEP if cost becomes prohibitive
- ☐ Other effective PrEP options may be available if dissatisfied with initial regimen:
 - Oral daily FTC/TDF for all
 - Injectable CAB every 2 months for all
 - Oral daily FTC/TAF for cisgender men and transgender women
 - Oral on-demand FTC/TDF for cisgender men and transgender women (2-1-1 PrEP)

