

You Can Protect Yourself From HIV **BEFORE** or **AFTER** Exposure



PrEP

PRE-exposure prophylaxis

Taken *before* a possible exposure to HIV to prevent infection

- ✓ Start any time!
- ✓ Continue for as long as you need protection



2
ways

PEP

POST exposure prophylaxis

Taken *after* a possible exposure to HIV to prevent infection

- ✓ Start within **3** days of an event that you feel may have exposed you to HIV
- ✓ Continue for 1 month



PrEP can be started immediately after finishing PEP to continue protecting you from HIV!

Ask your healthcare professional what your **medication options** are for PrEP



Ask your healthcare professional **how to access PEP** when needed

When can HIV infection happen?



During sex



When sharing needles or from an accidental needle stick

Who can take PrEP and PEP?

Anyone who has sex, uses injection drugs, or wants to prevent HIV



clinicaloptions.com/CE-CME-program/infectious-disease/downloadable-resources-for-patients/17633

HIV PrEP Guidelines: cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guidelines-2021.pdf

HIV PEP Guidelines: stacks.cdc.gov/view/cdc/38856



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