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Local/Regional Resource Guide for Obesity Management

Use this guide to identify obesity/endocrinology specialists in your area.

Obesity Specialists in East Texas and Surrounding Area

Texas Institute for Kidney and Endocrine Disorders

10 Medical Center Blvd, Suite A

Lufkin, TX 75904

Telephone: (936) 632-4249

tiked-lufkin.com/services/nutrition-and-metabolism

J. Ryan Menard, MD

UT Health East Texas Physicians

11937 US Highway 271

Tyler, TX 75708

Telephone: (903) 877-7200

uttheasteastexas.com/ut-health-east-texas-physicians-north-campus-weight-management

Edward Strecker, MD

Christus Trinity Mother Frances HealthPark—Lindale

3203 S Main St

Lindale, TX 75771

Telephone: (866) 421-0878

www.christushealth.org/find-a-doctor/edward-strecker-68304

Michael Mcalister, MD—2 Locations

HealthCare Express

4701 W 7th St

Wake Village, TX 75501

Telephone: (903) 831-4065

HealthCare Express

3515 Richmond Rd

Texarkana, TX 75503

Telephone: (888) 402-2647

www.christushealth.org/find-a-doctor/michael-mcalister-98276