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Local/Regional Resource Guide for Obesity Management

Use this guide to identify obesity/endocrinology specialists in your area.

Obesity Specialists in Alabama

University of Alabama (multiple locations)

Osteoporosis Clinic at The Kirklin Clinic of UAB Hospital

2000 6th Avenue South, Floor 3
Birmingham, AL 35233
Telephone: (205) 996-6783

Amy Warriner, MD

Monica Agarwal, MD

Laura Rogers, MD

Weight Loss Medicine at UAB Hospital-Highlands
1201 11th Avenue South, Suite 500
Birmingham, AL 35205
Telephone: (205) 934-7053

Endocrinology/Diabetes Clinic at The Kirklin Clinic of UAB Hospital

2000 6th Avenue South, Floor 4
Birmingham, AL 35233
Telephone: (205) 996-3636
uabmedicine.org/specialties/weight-loss-medicine/

Ann Payne-Johnson, MD

USA Health Endocrine & Diabetes
21950 Alabama 181
Fairhope, Alabama 36532
Telephone: (251) 660-6300
usahealthsystem.com/news/new-family-medicine-physician-focuses-on-weight-management-healthy-living

Jennifer E. Sohn, MD

Southview Medical Group
833 St. Vincent's Drive - POB III
Birmingham, AL 35205
Telephone: (205) 933-4640
<https://openmpi.com/provider/1467665646>

Charmaine Woode, MD

The Lighter Weigh
1 Hospital Drive Southwest, Suite 300
Huntsville, AL 35801
Telephone: (256) 429-9152
thelighterweigh.com/

Lakshmi Kannan, MD

Metabolic and Surgical Clinic
1948 AL Highway 157
Professional Office Building 1, Suite 230
Cullman, AL 35058
Telephone: (256) 735-5975
cullmanregionalmedicalgroup.com/location/metabolic-and-surgical-clinic/

Saritha Uppala, MD

Grandview Medical Group Internal Medicine - Grandview
Physicians Plaza
3686 Grandview Parkway, Suite 220
Birmingham, AL 35243
Telephone: (205) 971-2571
<https://www.grandviewmedicalgroup.com/doctors-providers/uppala-saritha-md-6294>

Wendy Miller, MD

Grandview Medical Group Primary Care - Brook Highland
101 Missionary Ridge Drive, Suite 100
Birmingham, AL 35242
Telephone: (205) 971-1700
grandviewmedicalgroup.com/doctors-providers/miller-wendy-rebecca-md-9090

Stephenie B. Wallace, MD, MSPH

Children's Center for Weight Management
Children's of Alabama
1940 Elmer J. Bissell Road
Birmingham, AL 35243
Telephone: (205) 638-5750
childrensal.org/services/childrens-shine-clinic-support-and-help-nutrition-and-exercise-197/physical-therapy-weight